

NYU Winthrop Hospital
Men's Health Seminar

This Father's Day Give the Gift of Health!



Saturday, June 16, 2018

8:00 am – 3:30 pm

Garden City Hotel

45 7th St, Garden City, NY 11530

Cost: \$40 per attendee

(Includes continental breakfast and 3 course lunch)



One in seven men will be diagnosed with prostate cancer in their lifetime. With such wide-spread prevalence of preventable conditions, it is no wonder that many people have questions.

What are the new recommendations to treat prostate cancer?

Can mindfulness reduce my stress and help me lead a happier more productive life?

How important is sleep to my overall health?

You Have Questions. We Have Answers.

You and your loved ones are cordially invited to join Dr. Aaron E. Katz, Chairman of NYU Winthrop Department of Urology, and a panel of experts to learn how to improve your health and lifestyle.

Keynote Speaker:
Michael Roizen, MD

Why Wellness Makes Sense For You: 10 Choices to Keep your Brain Young

***Dr. Roizen is Cleveland Clinic's Chief Wellness Officer
and a NY Times best selling co-author with Dr. Oz.***

Other topics include:

- **Controversies in Prostate Cancer Treatments**
Aaron Katz, MD, FACS; Jonathan Haas, MD; Anthony Corcoran, MD, FACS
- **Causes and treatment of common urinary issues**
Jeffrey Schiff, MD, FACS
- **Management of Rising PSA**
James Lewis, PA-C
- **Digestive & Colon Health**
Jules Garbus, MD
- **The Importance of Sleep for Men's Health**
Qanta Ahmed, MD
- **Treatment Options for Erectile Dysfunction & Low Testosterone**
Brett Mellinger, MD
- **Be the Mindful Man: An Overview of the Harms of Stress and Healing Powers of Mindfulness**
Deepan Singh, MD & Carole Filangieri, PhD
- **Optimal Heart Health: Prevention and Management of Hypertension and Cardiovascular Disease**
Ramesh Daggubati, MD



Dr. Aaron E. Katz
Course Director

Register online today! www.menshealthseminar.com

For questions concerning the event please contact: Kate Owens, Meeting Coordinator
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